



AUCKLAND REGIONAL PSYCHIATRIC REGISTRAR TRAINING Mandatory Expenses and Texts Reimbursed

This list represents basic requirements. It is not intended to limit the scope of your reading in any way.

Refers to the most recent editions of any of the texts, but only one edition is reimbursed - i.e. if a trainee had an older edition reimbursed they cannot ask for a newer version as well, 5 years later. If an identical paperback version/edition is available, this is to be purchased instead of the more costly Hardback version. Amazon.com is a good source, or Medical Books in Auckland.

NAME OF TEXT	Notes
<p>Companion to Psychiatric Studies Edited by Eve Johnston, Stephen Lawrie and David Owens Pub: Churchill Livingstone (well-recommended and more readable than the K&S "Synopsis") Or Synopsis of Psychiatry Kaplan & Sadock; Lippincott Williams & Wilkins Publishers</p>	<p>Good initial (more manageable) texts for 1st years – either is fine</p>
<p>New Oxford Textbook of Psychiatry Edited by: Michael G. Gelder, Juan Jose Lopez-Ibor, Nancy C. Andreasen Oxford University Press (Paperback) Or Comprehensive Textbook of Psychiatry (2 vols) Kaplan & Sadock; Pub Lippincott Williams & Wilkins</p>	<p>Much more comprehensive texts for later in training – just get one or the other</p>
<p>Psychiatric Interviewing and Assessment Rob Poole and Robert Higgo, Pub. Cambridge Or Psychiatric Interviewing S C Shea , Pub W B Saunders</p>	<p>Essential assessment texts – ideally get them both</p>
<p>The Psychiatric Mental Status Examination Paula T. Trzepacz & Robert W. Baker; Pub OUP Or Symptoms in the Mind: an Introduction to Descriptive Psychopathology Andrew Sims (Pub W B Saunders)</p>	<p>Both are good – the first is a bit more accessible for 1st years. Suggest you get both at some point pre-exam</p>
<p>Cognitive Assessment for Clinicians JR Hodges, Oxford University Press</p>	<p>Essential assessment text</p>
<p>Diagnostic & Statistical Manual of Mental Disorders IV (DSM-IV-TR) [APA Press]</p>	<p>Essential diagnostic manual</p>
<p>Management of Mental Disorders Volumes 1 & 2 - A Treatment Protocol Project by the World Health Organization Collaborating Centre for Mental Health and Substance Abuse Order via: http://www.crufad.com/cru_index.htm</p>	<p>Essential text about management</p>
<p>Organic psychiatry: the psychological consequences of cerebral disorder Lishman W.A. [Blackwell Scientific] Or APA Textbook of Neuropsychiatry [APA Press]</p>	<p>Core organic psychiatry texts – either is fine</p>

An Introduction to the Psychotherapies S Bloch; Oxford University Press	A good overview of the psychotherapies
Long-Term Psychodynamic Psychotherapy: A Basic Text (An excellent “how to” explanatory book about actually doing psychotherapy) by Glen Gabbard, American Psychiatric Publishing, Inc. Or Psychodynamic Psychiatry in Clinical Practice (links psychological understandings to usual clinical work) Glen Gabbard, American Psychiatric Press (May 2000)	Both are excellent – the first one is very useful to read before starting your long case with a patient
Cognitive Behavioural Therapy for Psychiatric Problems Hawton; Salkovski; Kurt & Clark [Oxford Medical Press]	Core CBT text
Evidence-Based Mental Health Care S Hatcher, R Butler, M Oakley-Browne. Pub Elsevier Ltd Or Critical Reviews in Psychiatry Brown and Wilkinson, Dec 2000, Gaskell Publications (RCPsych) http://www.rcpsych.ac.uk/publications/gaskell/41_2.htm (website to order on-line)	This is commonly a weak area so get both ideally
Essential Psychopharmacology Stephen Stahl (Cambridge University Press) Or Fundamentals of Psychopharmacology Brian E. Leonard; Pub John Wiley & Sons	Core psychopharmacology texts – either is fine
Psychiatric Ethics Bloch S, Oxford University Press Or In Two Minds: A Casebook of Psychiatric Ethics by D Dickenson, W Fulford, KWM Fulford; OUP	Core ethics texts – either is fine
Clinical Child Psychiatry W M Klykylo, J Kay, D Rube, Pub John Wiley & Sons	Core Child Psych text
Drugs & Alcohol Abuse: a clinical guide to diagnosis and treatment M A Schuckit Published Plenum Medical Book Co.	Core Addictions Psych text
Geriatric Consultation Liaison Psychiatry P S Melding & B Draper [Oxford Univ Press]	Useful POA and C-L text
Psychiatry in the Elderly Jacoby and Oppenheimer [Oxford Univ Press]	Core POA text
Electroconvulsive Therapy - An Australasian Guide (ed. JWG Tiller & RW Lyndon) Pub: Australian Postgraduate Medicine c/o Victorian Medical Postgraduate Foundation - email: vmpf@vmpf.org.au	Useful locally written ECT text
Psychiatry and the Law Brookbanks & Simpson, Pub: LexisNexis	Forensic psych text
Clinical Manual of Psychosomatic Medicine: A Guide to Consultation-liaison Psychiatry Michael G. Wise, James R. Rundell Publisher: American Psychiatric Publishing Inc	Core C-L text

Other Mandatory Expenses:

Mandatory Expenses for All Trainees

Requirement	Details	Justification
Training fees	<ul style="list-style-type: none"> • RANZCP initial registration fee <i>Currently \$510 or \$770 (depends on subspecialty) but subject to increases</i> • RANZCP annual training fee <i>Currently \$1082 p.a. but subject to increases</i> • Retrospective accreditation fee <i>Currently \$990 but subject to increases. Applies only to a few trainees</i> 	<p>Cannot be trainee unless pay these.</p> <p>Exemptions trainees have a different annual fee instead of this – approx \$2000 but subject to increases</p> <p>Prolongation of training time unless pay this, if needed</p>
Assessment costs (note exam fees across 2006 and 2007 are being raised stepwise between sittings)	<ul style="list-style-type: none"> • Annual Psych Update pre-Writtens-exam course (needed once in basic training) • Case History marking fee (x 2 Cases). <i>Currently \$450/case but subject to increases</i> • Writtens examination fee <i>Currently \$2200/sitting but subject to increases</i> • Clinicals examination fee <i>Currently \$2850/sitting but subject to increases</i> • <i>Exemptions Clinicals \$2990, ditto.</i> (NB: this is preceded by a mandatory Exam Preparatn workshop, costing \$1750 – as ever, subject to increases) 	<p>Cannot complete training otherwise</p> <p>Exemptions Costs are instead of the Clinical exam above and apply to more senior registrars recruited from the UK.</p>
Psychotherapy Training	<ul style="list-style-type: none"> • Massey Univ. (Albany) CBT Training course • Funding for a small number of additional psychotherapy supervisors has been agreed – see specific information re this 	<p>This training is mandatory for all but not all will be able to utilise CBT course re taking leave for it, and not all will require the external supervision, which is more usually provided via DHB employees.</p>
Mandatory Annual Attendance at one local Conference	<ul style="list-style-type: none"> • Either: Annual NZ Branch RANZCP Conference (October each year) • Or: RANZCP Annual Congress in Australasia, (May each year) • Or: Suitable other Australasian Conference (once per year) if specifically endorsed by Director of Training 	<p>This annual experience is required by RANZCP for all but not all will be able to utilise this every year re arranging leave for it.</p>
All Advanced Trainees	<p>Costs for the Advanced Trainee 'Forum' - Wellington, held annually (needed once during the 2 years of advanced training). Often only travel/accomdn needs to be covered.</p>	<p>Leadership & Management training is mandatory for all advanced trainees – most will need to attend this course, but occasionally another similar workshop is used.</p>

Advanced Trainees in the Subspecialties

	Expenses	Texts needed in Advanced Training
Addiction Psychiatry	<ul style="list-style-type: none"> Likely to be an annual College (or similar organisation) Conference in this field– would be endorsed by Director of Training specifically 	Possibly a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Adult Psychiatry	<ul style="list-style-type: none"> Massey Univ. (Albany) CBT Training course (if not already done) Likely to be an annual College (or similar organisation) Conference in this field– would be endorsed by Director of Training specifically 	Possibly a a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Consultation-Liaison Psychiatry	<ul style="list-style-type: none"> Likely to be an annual College (or similar organisation) Conference in this field– would be endorsed by Director of Training specifically 	Possibly a a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Child and Adolescent	Annual Meetings: <ul style="list-style-type: none"> RANZCP Faculty of Child and Adolescent Psychiatry NZ Branch Annual Conference with Advanced Trainee Workshop NZCAMHS Meeting 	Possibly a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Forensic Psychiatry	<ul style="list-style-type: none"> Postgraduate Certificate in Health Sciences (Forensic) Likely to be an annual College (or similar organisation) Conference in this field– would be endorsed by Director of Training specifically 	Possibly a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Psychiatry of Old Age	<ul style="list-style-type: none"> Likely to be an annual College (or similar organisation) Conference in this field– would be endorsed by Director of Training specifically 	Possibly a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.
Psychotherapy	<ul style="list-style-type: none"> Massey Univ. (Albany) CBT Training course (if not already done) OR Post-graduate Certificate in Psychoanalytic Psychotherapy (was AFCP course) OR Other suitable psychotherapy course as endorsed by Director of Training, according to therapy type undertaken PLUS: Annual RANZCP Psychotherapy Section conference 	Possibly a couple of additional advanced level texts – would be endorsed by the Director of Advanced Training if so.