

PSYCHOTHERAPY REFERENCES

Psychotherapy Training Subcommittee, Auckland Regional Training Committee 6/1/2002

General		
Writing up a Psychotherapy Case	Ellard, J	ANZJP 1979, 13, 115-119
Lying on the Couch <i>(an excellent novel about psychotherapy - & funny - highly recommended)</i>	Yalom, Irvin D	Harperperennial Library, 1997
Introductory Texts		
An Introduction to the Psychotherapies 2nd edition	Bloch, Sidney	Oxford University Press, 1986
Learning Psychotherapy	Bruch, Hilde	Harvard University Press 1995
On Learning from the Patient	Casement, Patrick	Avistock, Routledge
Elements of Psychotherapy	Enelow, Allan	Oxford University Press
*Psychodynamic Psychiatry in Clinical Practice, The DSM-IV Edition	Gabbard, Glen	American Psychiatric Press, 1995
*Individual Psychotherapy and the Science of Psychodynamics - 2nd Ed	Malan, David	Butterworths, London, 1995
Method		
Assessment of Patients for Psychotherapy	Bloch, S	Br J Psych 1979, 135, 193-208
The Assessment of Psychological Mindedness in the Diagnostic Interview	Coltart, N	Br J Psych 1988, 153, 819-820
The Psychodynamic Formulation, Its Purpose, Structure and Clinical Application	Perry, S	Am J Psych 1987, 144, 543-550
Settings for Psychotherapy	Temperley, J	Br J Psychotherapy 1984, V1(2) 101-111
Concepts		
Series of Ten Articles, Basic Psychoanalytic Concepts	Sandler, J, Holder, A and Dare, C	Br J Psych 1970
Specific Versus Non specific Factors in Psychotherapy	Strupp, HH, Hadley, SW	Archives of Gen Psych 1979, 36, 1123-1136
The Concept of Splitting and its Clinical Relevance	Akhtar, S, Byrne, MD	Am J Psych 1983, 140:8 1013-1016
Splitting in Hospital Treatment	Gabbard, G	Am J Psych 1989, 146:4, 444-451
Clarification of Projective Identification	Goldstein, WN	Am J Psych 1991, 148,153-161
*Psychoanalytic Terms and Concepts (actually quite a useful quick guide to many schools of dynamic therapy and also covers Kleinian and Object Relations concepts)	Ed. Moore,B, Fine, B	Americal Psychoanalytic Assocn 1990
Theory		
The Making and Breaking of Affectional Bonds: I. Aetiology and Psychopathology in the light of Attachment Theory II. Some Principles of Psychotherapy	Bowlby, J.	Br J Psych 1977 130, 201-210 Br J Psych 1977, 130, 421-431
Developmental Theory Comes of Age	Bowlby, J.	Am J Psych, 145, 1-10
Heinz Kohut's Self Psychology: an overview	Baker,HS & Baker, MN	American J Psych, (1987) 144, 1-9
The Essence of Psychotherapy	Greben, SE	Br J Psych 1981, 138, 449-455
A Critical Review of Object Relations Theory	Hamilton, GN	Am J Psych, 1989, 146, 1552-1560

* indicates this is in the possession of Felicity Plunkett for lending to registrars

Obtaining Texts: Try - medical libraries, local Medical Bookshop, internet Mailorder:

(e.g. <http://www.amazon.com> & <http://www.amazon.co.uk> <http://www.barnesandnoble.com> <http://www.bookshop.co.uk> <http://www.waterstones.co.uk> (Dillons) <http://www.prenhall.com> etc. etc.

Other Types of Therapy		
The Family in Clinical Psychiatry	Bloch, Sidney, et al.	Oxford University Press, 1994
Family Therapy: Concepts, Process and Practice	Alan Carr	Wiley, 2000
Cognitive Behavioural Therapy for Psychiatric Problems: A Practical Guide	Ed by Hawton, K, Salkovskis, P; Kirk, J; Clark, D	Oxford University Press 2000
Cognitive Therapy of Affective Disorders	Newman, C; Beck, A	The Guilford Press 1991 New York
Interpersonal Psychotherapy of Depression	Klerman, G., Weissman, M., Rousanville, B., & Chevron, E.	Basic Books 1984 New York
Theory & Practice of Group Psychotherapy	Yalom, Irvin D	Basic Books, 4 th Edition, 1995
A Review of Brief Individual Psychotherapies	Ursano, RJ and Hales RE	Am J Psych 1986, 143, 1507-1517
How to Practice Brief Psychodynamic Psychotherapy	Book, H.	American Psychological Association 1998 New York

Additional Psychodynamic Psychotherapy/Psychoanalysis Texts (as recommended by Annette Asher and George Rodwell)		
Psychotherapy; the art of wooing nature	Sheldon Roth	ISBN: 0876689454, 1994
*The Broad Spectrum Psychotherapist	Wyn Bramley	Free Assn Books; May '96
Concise Guide to Psychoanalytic Psychotherapy	Ursano, Sonnenberg, Lazar & Hales	American Psychiatric Press, 1991
*Resolving Resistances in Psychotherapy	Herbert Strean	Brunner Mazel, 1985
Psychoanalytic Diagnosis	Nancy McWilliams	Guilford Press, 1999
Analysis Repair and Individuation	Lambert, Kenneth	
The Integrity of the Personality	Storr, Anthony	
The Art of Psychotherapy - 2nd ed	Storr, Anthony	Routledge, 1991
Boundaries of the Soul: The Practice of Jung' s Psychology	Singer. June	Doubleday & Company, 1994

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